



**THE  
STAGE  
DOOR**

**SEASONAL MENU**





## Hours

FOOD SERVED BETWEEN

12PM - 8.30PM

(kitchen closes 7pm Sunday)

## Contact



10 Compton Street  
Eastbourne, East Sussex  
BN21 4BW



StageDoorPub@Lewes-  
Eastbourne.gov.uk



01323 415509



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## ST<sup>a</sup>RTERS

**Soup of the Day** - served with crusty bread - **£5.50**  
(V/VG/GF option available)

**Baked Camembert** - served with an onion chutney, salad & toasted bread - **£6.50** (GF available)

**Sticky Honey Glazed Prawns** - grilled & skewered king prawns served with a chilli & lime couscous - **£6.50**

**Shredded Duck and Mushroom Salad** - portobello mushroom with croutons spinach & cherry tomatoes, topped with a balsamic dressing - **£6.50**

**Vegan Falafel Bites** - fried falafel balls served with a mixed house salad, a sweet chilli jam dip & vegan coleslaw - **£5.50**

## S<sup>a</sup>LADS

**Caesar Salad** - croutons & anchovies tossed in a mixed salad & caesar dressing - **£7.95**

**Duck and Orange Salad** - shredded duck with orange segments, fennel & spring onion salad with a soy dressing - **£8.95**  
(duck can be replaced with carrot for vegetarian option)

**Spinach and Bacon Salad** - grilled back bacon, spinach & croutons mixed with cherry tomatoes & peppers, topped with a house dressing - **£8.95**  
(bacon can be replaced with tenderstem broccoli for vegetarian option)

## S<sup>a</sup>NDWICHES

All at **£5.75**

Bacon, lettuce & tomato

Vegan sandwich - vegan cheese, beef tomato, lettuce & sweet chilli jam in a vegan brioche bun

Prawn Marie Rose

Mature cheddar cheese & onion relish  
Brie & cranberry sauce (**add bacon £1**)

Falafel wrap

All served with coleslaw & a side salad  
(GF available for all sandwiches)

# JACKETS

All at £5.75

Mature cheddar cheese, beans, bacon or prawn Marie Rose  
All served with coleslaw & side salad (add an extra filling for £1)

# MAIN COURSES

**Vegan Shepherd's Pie** - vegan mince with carrots and peppers served with heritage carrots, tender stem broccoli & spinach - **£9.95**

**Seafood Risotto** - creamy risotto with cod, king prawns, crayfish & peas topped with amaranth herb - **£11.50 (GF)**

**The Stage Door Burger** - 6oz beef burger served with salad, gherkins, beef tomato, cheddar cheese, crispy onions with a baconnaise dressing in a toasted pretzel bun, served with fries & coleslaw - **£11 (GF available)**  
(add bacon £1 or double up £2.50)

**Halloumi Burger** - halloumi cheese with a portobello mushroom, beef tomato, salad leaf & crispy onions, served with a sweet chilli jam in a pretzel bun with fries & coleslaw - **£10.50 (V)**

**Wholesale Scampi** - ten pieces of scampi served with skin on fries and peas with a homemade tartare sauce & a lamb's lettuce garnish - **£9.95**

**8oz Sirloin Steak** - accompanied with chef's butter, served with a portobello mushroom, cherry vine tomatoes & skin on fries, with a lamb's lettuce garnish - **£13.95 (GF)**  
(surf and turf add scampi and prawns for an extra £5, peppercorn sauce extra £1)

**Grilled Halloumi & Couscous** - wedges of halloumi served with a chilli & lime couscous, accompanied by a salad garnish and olive oil dressing - **£9.50 (V / GF)**

**Chef's Pie of the Week** - served with a creamy buttered mash, tenderstem broccoli, heritage carrots & spinach. See specials board for details - **£11.50**

**Vegan Quorn Burger** - two quorn burger patties served with vegan cheese, beef tomato, gherkins & salad leaf, with a sweet chilli jam, vegan coleslaw & skin on fries - **£9.50**

**Portobello Mushroom Burger** - spinach, peppers & beef tomato, topped with vegan cheese & sweet chilli jam, vegan coleslaw & skin on fries - **£9.50 (VG)**

**Beer Battered Cod** - served with garden peas, skin on fries, salad garnish & tartare sauce - **£11.95 (GF available)**

**Pan Fried Seabass** - served with a green pesto mash wilted spinach & tenderstem broccoli - **£12.95 (GF)**

# SIDES

Skin on fries - £3.50

Cheesy chips - £4.50

Onion rings - £3.50

Mixed side salad - £2.50

Seasonal veg - £3.50

(spinach, heritage carrots and tenderstem broccoli)

Please see specials board  
for desserts

## GREAT DEALS

### Beer & Burger Mondays

Pint of beer, burger & chips

**£10**



### Steak & Wine Wednesdays

Enjoy a steak dinner &  
a glass of house wine (175ml)

**£14.95**



V - Vegetarian  
VG - Vegan  
GF - Gluten Free

# SPECIAL EVENT NIGHTS

## JAZZ NIGHTS

**Last Thursday of every month, 8pm - Free Entry.**

Various artists will take to the stage and perform an array of jazz music as part of Tom Fitzpatrick's Take Five Jazz Club.



## OPEN MIC NIGHTS

**Second Wednesday of every month, 8pm - Free Entry.**

Open Mic night hosted by local musician Mike Fillery, all performers welcome! (free drink for performers and house guitar and mics provided)

## QUIZ NIGHTS

**First Tuesday of every month, 7.30pm - Free Entry.**

Test your general knowledge with our monthly quiz night! £2 entry per person with a cash prize to be won.



All prices are shown in Pounds Sterling and include VAT. Vegan (VG), Vegetarian (V), Gluten Free (GF) ingredients served in an environment that contains Gluten and animal products, though we maintain the highest level of practice to provide the most respectful service for these dietary choices. All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present, and our menu descriptions do not include all ingredients. If you have a food allergy, intolerance or preference, please let us know before ordering and we will accommodate to the best of our abilities or advise accordingly. Our fish and poultry dishes have been carefully filleted, however some small bones may remain. All items are subject to availability

